















Allergens Chart - Lets Eat In

THAI MENU	Celery	Gluten	Crustaceans Prawns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	اجوانن	اناچ	کیکڑے	انڈے	مچھلی	لوپین	دودھ	سپی	سرسوں	گری دار میوے	مونگفلی	تل	سویا پین	سلفر
														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	
Shrimp Crackers			✓											✓
Thai Vegetable Spring Rolls	✓	✓		✓			✓						✓	
Thai Fish Cakes		✓	✓	✓	✓									
Wasabi Prawns		✓	✓	✓			✓							
Ka Tao Butterfly Prawns		✓	✓	✓										
Lamb Gyoza	✓	✓		✓										
Tom Yum Soup	✓	✓	✓	✓	✓		✓						✓	✓
Yum Wanton Soup	✓	✓		✓	✓		✓						✓	✓
Curries														
Green Curry	✓	✓	✓	✓	✓		✓						✓	✓
Red Curry	✓	✓	✓	✓	✓		✓						✓	✓
Yellow Curry	✓	✓	✓	✓	✓		✓						✓	✓
Panang Curry	✓	✓	✓	✓	✓		✓			✓			✓	✓
Matsaman Curry	✓	✓	✓	✓	✓		✓			✓				✓
Stir Fry														
Tamarind & Cashew Nuts	✓	✓	✓	✓	✓		✓			✓			✓	✓
Black Pepper & Garlic	✓	✓	✓	✓	✓		✓						✓	✓
Chilli & Basil	✓	✓	✓	✓	✓		✓						✓	✓
Chilli & Lime	✓	✓	✓	✓	✓		✓						✓	✓
Ginger & Chilli	✓	✓	✓	✓	✓		✓						✓	✓
Thai Noodles														
Bangkok Noodles	✓	✓	✓	✓							✓		✓	✓
Singapore Noodles	✓	✓	✓	✓	✓		✓				✓		✓	✓
Pad Thai Noodles	✓	✓	✓	✓	✓		✓			✓			✓	✓
Pattaya Noodles	✓	✓		✓	✓					✓			✓	✓
Thai Rice & Sides														
Plain Fry Egg Noodles	✓	✓		✓	✓								✓	✓
Thai Egg Fried Rice	✓	✓	✓	✓	✓		✓						✓	✓
Thai Fried Rice	✓	✓	✓	✓	✓						✓		✓	✓

Allergens Chart - Lets Eat In

Tom Yum Fried Rice	✓	✓	✓	✓	✓								✓	✓
--------------------	---	---	---	---	---	--	--	--	--	--	--	--	---	---

CHINESE MENU	Celery	Gluten	Crustaceans Prawns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	اجوائن	اناچ	کیکڑے	انڈے	مجھلی	لوپین	دودھ	سپی	سرسوں	گری دار میوے	مونگفلی	تل	سویا بین	سلفر
	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Prawn Crackers			✓											✓
Chicken Hot & Sour Soup	✓	✓	✓	✓	✓		✓						✓	✓
Chicken Noodle Soup	✓	✓	✓	✓	✓		✓						✓	✓
Chicken Sweet corn Soup	✓	✓	✓	✓	✓		✓						✓	✓
Chicken Balls	✓	✓	✓	✓	✓		✓						✓	✓
Skewered Chicken Satay	✓	✓	✓	✓	✓		✓				✓		✓	✓
Pecking Duck Spring Rolls	✓	✓	✓	✓	✓		✓						✓	✓
Aromatic Crispy Duck		✓											✓	✓
Salt & Chilli	✓	✓	✓	✓	✓		✓						✓	✓
Noodles & Rice														
Chow Mein	✓	✓	✓	✓	✓		✓						✓	✓
Fried Rice	✓	✓	✓	✓	✓		✓						✓	✓
Duck														
Duck Cantonese		✓											✓	✓
Buddha's Duck		✓											✓	✓
Duck with Plum Sauce	✓	✓											✓	✓
Main Courses														
Chinese Curry	✓	✓	✓	✓	✓		✓						✓	✓
Black Bean	✓	✓	✓	✓	✓		✓						✓	✓
Szechuan Chilli Stir-fry	✓	✓	✓	✓	✓		✓						✓	✓
Chilli Shredded	✓	✓	✓	✓	✓		✓						✓	✓
Kung Po	✓	✓	✓	✓	✓		✓						✓	✓
Bi-Bao Cashew Nuts	✓	✓	✓	✓	✓		✓						✓	✓
Satay	✓	✓	✓	✓	✓		✓				✓		✓	✓
Hunan	✓	✓	✓	✓	✓		✓						✓	✓
Super stir-fry	✓	✓	✓	✓	✓		✓						✓	✓
Cantonese Lemon	✓	✓	✓	✓	✓		✓						✓	✓
Sides														

Allergens Chart - Lets Eat In

Broccoli with Ginger & Chilli	✓	✓	✓	✓	✓		✓						✓	✓
Egg Fried Rice	✓	✓	✓	✓	✓		✓						✓	✓
	Celery	Gluten	Crustaceans Prawns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	اجوائن	اناچ	کیکڑے	انڈے	مچھلی	لوپین	دودھ	سپی	سرسوں	گری دار میوے	مونگفلی	تل	سویا بین	سلفر
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Stir Fry Noodles	✓	✓		✓	✓								✓	✓
Brown Rice														

INDIAN FOOD

Popodums		✓		✓			✓							✓
Onion Baji				✓			✓							✓
Aloo Chana Chaat		✓	✓		✓		✓						✓	✓
Vegetable Samosa		✓		✓			✓		✓			✓		✓
Lamb Samosa		✓		✓			✓		✓			✓		✓
Chicken Tikka				✓			✓		✓			✓		✓
Gulafi kebab				✓			✓		✓			✓		✓
Tandoori Prawn			✓	✓			✓		✓			✓		
Indian Tandoori & Biryani														
Biryani							✓		✓			✓		✓
Tandoori Chicken							✓		✓			✓	✓	✓
Chicken Tikka Shashlik							✓			✓		✓	✓	✓
Tandoori Mix Special			✓				✓		✓	✓		✓	✓	✓
Indian Main Courses														
Tikka Masala							✓			✓				✓
Korma							✓			✓				✓
Makhani							✓		✓	✓				✓
Rajistani									✓					
Chicken Jalfrezi							✓		✓	✓				✓
Rogan Josh									✓					
Balti									✓					
Madras									✓					
Vindaloo									✓					
Saag							✓		✓					
Chettinad									✓					

Allergens Chart - Lets Eat In

	Celery اجوائن 1	Gluten اناچ 2	Crustaceans Prawns کیکڑے 3	Eggs انڈے 4	Fish مچھلی 5	Lupin لوپین 6	Milk دودھ 7	Mollusc سہی 8	Mustard سرسوں 9	Nuts گری دار میوے 10	Peanuts مونگھلی 11	Sesame Seeds تل 12	Soya سویا بین 13	Sulphur Dioxide سلفر 14
Raan-e-Sikandari							√		√	√				
Goan Prawn Curry			√				√			√				
Prawn & Tamarind Curry	√	√	√				√		√				√	√
Indian Vegetable Dishes														
Saag Paneer							√							
Paneer Jalfrezi							√		√	√				
Malai Kofta							√		√	√				
Chana Masala									√					
Bombay Aloo									√					
Dal Tarka							√		√					
Dal Makhani							√							
Indian Naan & Rice & Dip														
Pilau Rice		√												
Boiled Rice		√												
Kashmiri Rice	√	√								√				√
Lemon Rice	√	√							√					√
Naan		√		√			√							√
Peshwari Naan		√		√			√			√				√
Garlic Naan		√		√			√							√
Garlic & Cheese Naan		√		√			√							√
Raita							√							√
ITALIAN MENU														
Risotto Balls	√	√	√	√	√		√						√	√
Crispy Chicken Strips		√		√					√					
Loaded Potato Skins	√													
Pastas														
Bolognese	√	√	√	√	√		√						√	√
Castellina	√	√	√	√	√		√						√	√

Allergens Chart - Lets Eat In

Carbonara	✓	✓	✓	✓	✓		✓						✓	✓
Pesto Chicken	✓	✓	✓	✓	✓		✓			✓			✓	✓
Chicken Benito	✓	✓	✓	✓	✓		✓						✓	✓
Arrabiata	✓	✓	✓	✓	✓		✓						✓	✓

	Celery	Gluten	Crustaceans Prawns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	اجوائن 1	اناچ 2	کیکڑے 3	انڈے 4	مچھلی 5	لوپین 6	دودھ 7	سپی 8	سرسوں 9	گری دار میوے 10	مونگفلی 11	تل 12	سویا بین 13	سلفر 14
Chicken & Broccoli	✓	✓	✓	✓	✓		✓						✓	✓
Pollo Cacciatore	✓	✓	✓	✓	✓		✓						✓	✓
Pollo Alfredo	✓	✓	✓	✓	✓		✓						✓	✓
Pollo Milano	✓	✓	✓	✓	✓		✓						✓	✓
Pollo Crostina	✓	✓	✓	✓	✓		✓						✓	✓
Chicken Vesuvio	✓	✓	✓	✓	✓		✓						✓	✓
Grilled Prawns with Oregano and Lemd	✓	✓	✓	✓	✓		✓						✓	✓
Lasagne	✓	✓	✓	✓	✓		✓						✓	✓
Salads														
Classic Caesar Salad		✓		✓			✓							
Classic Spinach Salad				✓						✓				
California cobb salad with tarragon vinaigrette				✓						✓				
Moroccan Sweet Potato Salad										✓				
Healthy Burger				✓					✓					
Pizzas & Breads														
Lets Eat in Special Pizza		✓					✓							
Fujita		✓					✓							
Vegetariano		✓					✓							
Meat Madness		✓					✓							
Cajun Chicken		✓					✓							
Hawaiian		✓					✓							
Garlic Bread		✓					✓							
Garlic Bread with Mozzarella		✓					✓							
Kids Pizza with Ham and Pineapple		✓					✓							

Allergens Chart - Lets Eat In

	Celery	Gluten	Crustaceans Prawns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	اجوائن	اناچ	کیکڑے	انڈے	مچھلی	لوپین	دودھ	سپی	سرسوں	گری دار میوے	مونگفلی	تل	سویا بین	سلفر
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Wings														
Atomic Wings	√	√					√							
BBQ Wings		√											√	√
Chipotle Wings		√					√						√	√
Frank's Hot Wings	√	√		√			√							√
Sticky Wings	√	√	√	√			√					√	√	√
Teriyaki Wings		√											√	
Spicy Tandoori Wings		√					√		√			√	√	√
Salt & Chilli Wings	√	√	√	√	√		√						√	√
Sticky wings	√	√		√								√		√
Mexican														
Enchiladas		√					√							
Chicken Quesadilla		√					√							
Grilled Beef Burritos		√					√							
Nachos							√							
Taco Chips				√			√							√
Chicken							√							
Grilled Salmon Fillet	√	√	√	√	√		√						√	√
Fish & Chips		√			√									
Potato Weddes		√												
Chicken Strip with chips		√		√			√		√					
Chicken Quesadilla with chips		√					√							